



**MHNS Clubs begin the week of
March 2, 2020
(NO classes Spring Break 4/6 - 4/13)**

What are Discovery Clubs?

Clubs offer an opportunity for children to explore and discover a variety of topics. Small group, hands-on, child-centered activities peak and satisfy their natural desire to learn.

Who is eligible to participate in MHNS Clubs?

- 2-5 year olds, please see individual club for age restrictions.
- Children do not need to attend Mt. Hebron Nursery School, but preference will be given to in-house students.

Can my child participate in Clubs if it's not his/her school day?

Yes, be sure to mark your calendar, so you don't forget!

How much do these programs cost?

Costs will vary depending upon the activity, staffing, & supplies needed.

How do I register my child?

Complete the Clubs Registration Form. Payment must be received with your Registration/Request form. In addition, Soccer Shots and All-Sports have a required online registration. First-come, first-served.

How do I pay?

Checks for Clubs should be made out to: MHNS, except for Soccer Shots and Jump Bunch All-Sports, please write "Clubs" and your child's name.

Where does my completed paperwork go?

Place registration forms in an envelope marked "Clubs" with your child's name and teacher. Please return to Front Office.

Are there refunds?

We are unable to offer refunds unless your request cannot be filled.

What is the policy for inclement weather or schedule changes?

If the building is open, the club will run as scheduled, even if there is a field trip or other event for your class. If the building is closed due to inclement weather, clubs will be cancelled and we will do our best to reschedule.

Who determines which Clubs are offered?

Clubs are selected with much consideration based on previous popularity, availability of staff and resources, feedback from children and parents, and space availability. We welcome suggestions for current and future programming.

How does my child get to the Club location?

The Club's instructor will pick your child up at his/her classroom and escort the students to the Club location. If your child is attending a Club not on his/her regular school day, you may check in at the front office to confirm where your child should meet the group.

Where will my child be at dismissal time?

Enter the building through the main door at pick up and proceed to the location listed in the brochure for your Club.

*Soccer Shots will be held **outside** for fall and spring sessions and **inside** the Fellowship Hall for the winter session.

Questions about Clubs? Please contact:

- Front Office: Kelly@mthebronnursery.org

Reading and Writing Workshop for ages 4-5 years old

Every day is a reading and writing day! Come listen to literature and explore writing during our Reading and Writing Workshop. Students will participate in literature based reading and writing activities that follow the common core curriculum. They will complete writing and art activities to respond to their reading. Games will be played to identify letter names and sounds and students will blend sounds together to read words. They will also practice handwriting using proper letter formation. Children will take home handwriting practice sheets (optional homework) along with activities they complete each week. Parents will receive an email explaining each week's lesson. Extension ideas as well as online games will be suggested.



Instructor: Lisa Cangialosi

Cost:	Mondays	11:30am – 12:30pm	\$149
	Mondays	1:00pm – 2:15pm	\$189
	Thursdays	1:00pm – 2:15pm	\$215

Group Size: 4-6 students

Dates: Mondays 3/2, 3/9, 3/16, 3/23, 3/30, 4/20, 4/27
Thursdays 3/5, 3/12, 3/19, 3/26, 4/2, 4/16, 4/23, 4/30

Location: Classroom #3 (Mondays 11:30, Thursdays 1:00)
Classroom #5 (Mondays 1:00)

OUTDOOR Soccer Shots for ages 2-5 years old

Using creative and imaginative games, weekly sessions focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the fun of soccer and provide the foundation needed to get started in the sport. Please register at: <https://www.soccershots.org> Don't forget to send in your registration form to MHNS, so we know you've registered.

Instructor: Soccer Shots Staff

Cost: \$125 for 8 sessions + (1 time registration fee per school year)

Group Size: 10 students

Dates: Tuesdays 3/3, 3/10, 3/17, 3/24, 3/31, 4/14, 4/21, 5/5

Time: 11:30-12:10 or 1:00pm-1:40pm

*10 minutes built in for student pick up from classes

Location: Upper Lawn



Math Club for ages 4-5 years old

Gett ng Ready for Kindergarten Math Club will provide math instruction in a fun way for preschoolers. Included will be math learning centers and games; math literature connections, hands-on lessons and activities tied to Howard County/Common Core Kindergarten Curriculum. Information about Kim Lee Learning LLC can be found at <http://kimleelarning.com/> **ALL NEW LESSONS FOR THIS SESSION!**

Instructor: Kim Lee

Cost: Wednesday 11:30am – 12:30pm \$170
Wednesday 1:00pm – 2:15pm \$215

Group Size: 4-9 students

Dates: Wednesdays 3/4, 3/11, 3/18, 3/25, 4/1, 4/15, 4/22, 4/29

Time: 11:30am-12:30pm or 1:00pm-2:15pm

Location: Classroom #2 (11:30)
Classroom #4 (1:00)



Zenergetic Kids for ages 2-5 years old

Zenergetic Kids combines language and literacy activities with yoga to foster development in young children. Thematic units containing yoga poses, stories, songs, and games are used to provide a unique and engaging learning experience. Children learn a variety of developmentally appropriate skills while having fun. In a Zenergetic Kids class, children might hop on a train, rocket ship, or magic carpet and travel to exotic locations on a yoga adventure. Along the way, we could see animals, meet mythical creatures, and explore nature. Our only limit is our imagination! Every class ends with a few minutes of well-deserved relaxation.

Instructor: Tara Geller

Cost: \$100.00

Group Size: 5-10 students

Dates: Thursdays 3/5, 3/12, 3/19, 3/26, 4/2, 4/16, 4/23, 4/30

Time: 11:30am-12:15pm or 1:00pm-1:45pm

Location: Sanctuary



Superhero Science Club ages 3-5

Come explore science with the help of our favorite superheroes! Learn about flying with Wonder Woman and magnets with Ironman. Batman, Superman and many others will be there to help teach us about introductory science. A different concept with correlating superheroes will be explored each week. The session ends with creating a superhero of our very own!

Instructor: Sarah Willey

Cost: \$125 for 7 classes

Group Size: 3-7 children

Dates: Mondays 3/2, 3/9, 3/16, 3/23, 3/30, 4/20, 4/27

Time: 11:30am-12:30pm or 1:00pm-2:00pm

Location: Room #2



All-Sport Academy Extreme Fitness ages 2-5

All-Sport Academy is designed to develop the motor-skills of young athletes through a non-competitive style of sport participation while incorporating academic elements to engage their minds as well as their bodies. The All-Sport Academy Extreme Fitness program is designed to teach each student the fundamentals of fitness - from speed and agility to coordination - as well as an academic focus, such as colors and ordinal numbers. Students will work in teams building trust in one another and self confidence in themselves. At the end of class each child will get their ALL-SPORT PASSPORT stamped to show the completion of that day's activities. Each class will be broken down into specific components: explanation of weekly skills (Athletic and Academic), warm up, demonstration of skill, reinforcement through games, and cool down and stretching. Please register at: <https://all-sport-academy.coursetorm.com> Don't forget to send in your registration form to MHNS, so we know you've registered..

Instructor: Sergio Flores and Kristen Wool-Lewis

Cost: \$90 plus \$25 registrations fee
(includes T-shirt and All-Sport Passport)

Group Size: 10+ students

Dates: Wednesdays 3/4, 3/11, 3/18, 3/25, 4/1, 4/15, 4/22, 4/29

Time: 11:30am - 12:10pm or 1:00pm - 1:40pm
*10 minutes built in for student pick up from classes

Location: Classroom 3 (11:30am)
Outdoors (weather permitting 1 pm)



2020

Guidelines

Descriptions

Dates and Pricing

Registration How-To

